

TIPS FOR SUPPORTING SELF-ADVOCACY

SUPPORTING SELF-ADVOCACY IS...

- A commitment
- More than providing transportation
- Listening
- Knowing the people being supported
- A tool of selfadvocacy
- Providing feedback when asked
- Knowing when to get out of the way



- Respecting choices
- Increasing opportunities
- An honor
- Being trusted
- Recognizing it can be tricky

SUPPORTING SELF-ADVOCACY IS NOT...

- Being in charge
- Easy
- Just showing up
- Being an expert
- Protecting people
- Telling people what to do

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